

Parenting,
Staying at Home,
Distance
Learning,
Teleworking
Oh my!
Keep Calm &
Carry On



Polk Public Schools - contact your child's school to access mental health & behavioral health supports



School Meals Distribution <https://polkschoolsfl.com/lunchlocations/>



Employment Assistance <https://www.careersourcepolk.com/>



Food Assistance <https://uwcf.org/initiatives/endlunger/schedule/>



Mobile Response Team 24/7 on-site crisis counseling services
(863) 519-3744 or (800) 627-5906



Aunt Bertha The Social Care Network <https://heartland.auntbertha.com/>



Parenting during Coronavirus – daily live resources <https://childmind.org/>